

BRITISH COLUMBIA DENTAL HYGIENISTS' ASSOCIATION DENTAL HYGIENE REFRESHER COURSE INFORMATION

The British Columbia Dental Hygienists' Association's (BCDHA) Dental Hygiene Refresher Course is designed for graduate dental hygienists who wish to update their knowledge and skills. The course focuses on various areas within the dental hygiene scope of practice in BC.

Successful completion of the Refresher Course may qualify for 50 hours of continuing education credits towards the Continuing Competency requirements set out by the College of Dental Hygienists of BC*. For additional information, contact the College of Dental Hygienists of BC (1-800-778-8277) or visit their website at www.cdhbc.com. **NOTE:** Dental Hygienists from outside BC should check with their provincial regulatory body regarding the course's eligibility for Continuing Education Credits.

Eligibility:

Applicants for the Refresher Course must have graduated from a dental hygiene education program. In addition, applicants must provide a complete application form and appropriate fees.

Course Goal and Learning Outcomes:

The goal for the BCDHA Dental Hygiene Refresher Course is to update the knowledge and skills of graduate dental hygienists. **Please note that this course is not designed or intended to prepare candidates for the National Dental Hygiene Certification Board Exam, or to provide comprehensive education related to dental hygiene practice in Canada.**

Six learning outcomes form the foundation of the course. These learning outcomes are as follows:

1. Practise professionally.
2. Provide a safe and well-managed practice environment.
3. Communicate clearly and effectively.
4. Provide dental hygiene services through a problem-solving process of assessment, diagnosis/program goal, planning, implementation and evaluation.
5. Use health promotion principles to help individuals and communities improve their health.
6. Provide a learning atmosphere for individuals and groups to explore their values and beliefs, and expand their knowledge and skills, about health/oral health.

Course Format:

The Refresher Course is provided in a distance education format that takes approximately 50 hours to complete. It may be started at any time. The outline is attached as Appendix A. The Refresher Course must be completed within twelve months after receiving the course materials.

The Refresher Course Manual will be sent to you upon receipt of your application and payment. Participants are required to obtain a copy of the textbooks *Dental Hygiene Process: Diagnosis and Care Planning* and *Dental Hygiene Theory and Practice, 2nd Ed*, by M.L. Darby and M.M. Walsh. Participants who are unable to obtain a copy of these textbooks may contact the BCDHA office. We have a limited supply of rental textbooks available.

To Register for the BCDHA Refresher Course:

- Complete the Refresher Course application form
- Include payment for the Refresher Course (please make cheques payable to "BCDHA")

Fees for the Refresher Course:

BCDHA Members: \$850*

Non-Members: \$980*

*Non-BC Residents add \$30 for mailing costs.

If you have any questions regarding the BCDHA Refresher Course, please contact Denise Pulice, Coordinator of Member Services, at 1-888-305-3338 (in BC) or (604) 415-4559 (out of BC) or via email at info@bcdha.bc.ca .

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Tab 1: Learning Outcome #1 – Regulation and Professionalism

- 1.1 Practice Regulation
- 1.2 Behavioural Codes and Policies
- 1.3 Dental Hygiene Process of Care

Tab 2: Learning Outcome #2 - Safety

- 2.1 Quality Assurance
- 2.2 Infection Control
- 2.3 Safety Strategies and Health Codes
- 2.4 Radiation Protection
- 2.5 Emergency Care
- 2.6 Dental Hygiene Fees

Tab 3: Learning Outcome #3 - Communication

- 3.1 Communication Strategies
- 3.2 Self-care Counselling
- 3.3 Record Keeping
- 3.4 Referrals

Tab 4: Learning Outcome #4 – Clinical Services

Assessment:

- 4.1 Medical and Health Status
 - 4.2 Pathology
 - 4.3 Periodontology
 - 4.4 Radiography
- Dental Hygiene Diagnosis
- 4.5 Dental Hygiene Diagnostic Statements
- Planning
- 4.6 Dental Hygiene Care Planning
- Implementation
- 4.7 Clinical Services
 - 4.8 Pain and Anxiety Control
 - 4.9 Dental Hygiene Care for Clients with Special Needs
- Evaluation
- 4.10 Evaluating Dental Hygiene Care

Tab 5: Learning Outcome #5 – Health Promotion

- 5.1 Health and Wellness
- 5.2 Healthy Communities

Tab 6: Learning Outcome #6 – Education

- 6.1 Learning Styles
- 6.2 Educational Strategies for Oral Health

Tab 7: Answer Keys

Theory Section: Learning Outcomes Completion Form

