

## Canadian Breast Cancer Foundation CIBC Run for the Cure – JOIN THE TEAM!



**On Sunday, October 3<sup>rd</sup>, 2010**, the BC Dental Hygienists' Association will be participating in the Canadian Breast Cancer Foundation CIBC Run for the Cure. **We are calling on all BCDHA members, their families and friends to join our team.** Last year our 54 member team raised \$3885, more than doubling the amount raised the previous year. This year we hope to do even better and encourage all our members to get involved in this extraordinary event to support breast cancer research, education and awareness programs.

The run or walk (5k or 1k) takes place in various locations around the province. BCDHA has **team captains** in four locations:

**Vancouver** Run Site Team Captain – Christine Kilmaster

**Victoria** Run Site Team Captain – Margaret Shemilt

**Kelowna** Run Site Team Captain – Shawna Gibb

**Prince George** Run Site Team Captain – Patricia Covington

In order to be eligible for team t-shirts, all minimum fundraising must be completed by Friday, September 17<sup>th</sup>. This means that each team member must have either fundraised a minimum of \$150 or paid the \$40 registration fee. **Each run site must have a minimum of ten participants so please register now!**



### To register:

- Click on <http://www.runfortheure.com>
- Select **REGISTER**
- Choose your run location
- Select **JOIN A TEAM**
- Select 'BC Dental Hygienists' Association' from the drop down box and click 'Search for a Team'
- Click on **Join** in the far right column and follow registration instructions

If you are unable to join us for the run, please support our fundraising efforts by making a donation. *Together we can all make a difference!*

### To Donate:

- Click on <http://www.runfortheure.com>
- Select **DONATE**
- Select **Donate to a participant**
- Select 'Search for a team'
- Our Company Name is 'BC Dental Hygienists' Association
- Select the run site team (location) you wish to make your donation to and follow the donation instructions

Need help registering or have a question? Contact BCDHA at 604-415-4559; toll-free 1-888-305-3338 or [info@bcdha.bc.ca](mailto:info@bcdha.bc.ca).

Thank you  
Chris Kilmaster, Executive Assistant