



# Directory of Independent and Mobile Dental Hygienists in British Columbia

Independent Dental Hygiene practitioners who wish to be added to this Directory please contact  
BCDHA at 604-415-4559 or 1-888-305-3338  
Email: [info@bcdha.bc.ca](mailto:info@bcdha.bc.ca)

This Directory has been created by The British Columbia Dental Hygienists' Association.

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# INDEPENDENT DENTAL HYGIENE DIRECTORY FOR BRITISH COLUMBIA

<b>GREATER VANCOUVER &amp; FRASER VALLEY AREAS</b>	
<p><b>C</b> = dental hygiene clinic   <b>M</b> = mobile dental hygienist  <b>R</b> = dental hygienist in Residential Care</p>	
<p><b>M / R</b></p> <p><b>HEALTHY SMILE MOBILE DENTAL HYGIENE INC.</b>            Soheil M. Iravani, RDH            2019 Turnberry Lane, Coquitlam BC V3E 3N2            T: 778-245-3820 F: 604-941-3820  <a href="mailto:healthy.smile@live.ca">healthy.smile@live.ca</a></p> <p><b>Mobile</b> Dental Hygiene Care,  <b>Residential Care</b> – long term Care facilities, private practices <i>Serving: New Westminster, Tri-Cities, Burnaby, Pitt Meadows &amp; Maple Ridge</i></p>	<p><b>M / R</b></p> <p><b>LAUREL REAR, RDH</b>            78 – 2979 Panorama Drive            Coquitlam BC V3E 2W8 T: 604-928-5471</p> <p><b>Mobile Dental Hygienist for homebound clients or residents of Long Term &amp; Dementia Care Facilities.</b>  <i>Serving Aldergrove, Langley, Fort Langley, Cloverdale, Surrey, Maple Ridge, Pitt Meadows, Port Coquitlam, Coquitlam, Port Moody, Burnaby, East Vancouver</i></p>
<p><b>C</b></p> <p><b>DIAMOND DENTAL HYGIENE</b>            Bahar Janfada, RDH            Abbotsford BC            T: 604-625-3450  <a href="mailto:bahar_janfada@yahoo.ca">bahar_janfada@yahoo.ca</a>  <i>(Appointments by phone, text or email)</i></p>	<p><b>M</b></p> <p><b>REFRESH ORAL HYGIENE</b>            Amy Agis, RDH            4293 48B Street, Delta, BC V4K 2R3            T: 604-946-9497, 604-315-9847  <a href="mailto:amy@refreshoh.ca">amy@refreshoh.ca</a>  <a href="http://www.refreshoh.ca">www.refreshoh.ca</a></p> <p><b>Mobile</b> Dental Hygiene Care: <i>Serving Delta and beyond</i></p>
<p><b>C</b></p> <p><b>ELIZABETH JONES DENTAL HYGIENE CLINIC</b>            Elizabeth Jones, RDH, BSc. (365 Day Rule Exempt)            102 – 3155 Highland Blvd.            North Vancouver, V7R 2X5            T: 604-500-2273  <a href="mailto:info@elizabethjonesdental.com">info@elizabethjonesdental.com</a>  <a href="http://www.elizabethjonesdental.com">www.elizabethjonesdental.com</a></p>	<p><b>C</b></p> <p><b>TOOTHWHISPERER DENTAL HYGIENE CLINIC</b>            Marica Szeleccki            108 West 2<sup>nd</sup> Avenue, North Vancouver BC V7M 1C3            T/F: 778-338-3414  <a href="mailto:toothwhisperer@shaw.ca">toothwhisperer@shaw.ca</a>  <a href="http://www.toothwhisperer.ca">www.toothwhisperer.ca</a></p>
<p><b>M</b></p> <p><b>TOOTHBUS            MOBILE DENTAL HYGIENE INC.</b>            Satinder Pria Dhaliwal, RDH            T: 778-721-0800  <a href="mailto:info@toothbus.ca">info@toothbus.ca</a></p> <p><i>Provide dental hygiene services from Sprinter Van, at location of client's preference throughout the Lower Mainland.</i></p>	<p><b>C</b></p> <p><b>EDENCONCEPT DENTAL HYGIENE CENTER</b>            Joyce Kwok, RDH            130 – 8400 Granville Avenue            Richmond BC V6Y 1P6            T: 604-838-3623  <a href="mailto:edenconcepthygiene@gmail.com">edenconcepthygiene@gmail.com</a></p>



# INDEPENDENT DENTAL HYGIENE DIRECTORY FOR BRITISH COLUMBIA

<p><b>M / R</b></p> <p><b>EXTENDENT – mobile dental hygiene services</b>  Linda Martens, RDH. B.Ed (365 Day Rule Exempt)  Box 293 - #185-9040 Blundell Road  Richmond BC V6Y 1K3  T: 604-231-9747</p> <p><b>Long-term care facilities and home bound clients -  <i>serving the Lower Mainland since 1997</i></b></p>	<p><b>C</b></p> <p><b>COASTAL SMILES DENTAL HYGIENE SERVICES</b>  Monica Maletz, RDH, BSc.  #102-5682 Wharf Rd, Box 1085  Sechelt, BC V1N 3A1  T: 604-740-3764  <a href="http://www.coastalsmilesdentalhygieneservices.ca">www.coastalsmilesdentalhygieneservices.ca</a></p> <p><b><i>*Accepting new patients*</i></b></p>
<p><b>C / R</b></p> <p><b>LOURETTA FROLEK INC.</b>  Gastown, Vancouver BC  T: 604-669-9476  <a href="mailto:lofrolek@telus.net">lofrolek@telus.net</a>  <a href="http://www.louretta-frolek.com">www.louretta-frolek.com</a></p> <p>Residential Care <i>Serving: North Shore and Vancouver</i></p>	<p><b>C</b></p> <p><b>SURREY DENTAL HYGIENE CLINIC INC.</b>  Ronnie Singh  12989 109 Avenue, Surrey BC V3T 2N3  T: 778-395-0988 C: 778-987-0219  F: 778-395-0996  <a href="mailto:surreydentalhygiene@gmail.com">surreydentalhygiene@gmail.com</a>  <a href="http://www.surreydentalhygieneclinic.com">www.surreydentalhygieneclinic.com</a></p>
<p><b>C</b></p> <p><b>MOUNTAINVIEW DENTAL HYGIENE</b>  Maridee Fitch, RDH  #216 4368 Main Street, Whistler BC V0N 1B4  T: 604-932-6700  <a href="mailto:Maridee@telus.net">Maridee@telus.net</a></p>	<p><b>C</b></p> <p><b>RADIANCE DENTAL HYGIENE CLINIQ</b>  Loree Christianson, RDH  #317 – 1529 West 6<sup>th</sup> Avenue  Vancouver BC V6J 1R1  T: 604-565-7342  <a href="mailto:smile@radiancedentalhygiene.ca">smile@radiancedentalhygiene.ca</a>  <a href="http://www.RadianceDentalHygiene.ca">www.RadianceDentalHygiene.ca</a></p>
<p><b>M / R</b></p> <p><b>STRICTLY PREVENTION INC.</b>  Jenny Jamen, BDSc., RDH  Leanne Olson, BDSc., RDH  T: 604-809-2881  <a href="mailto:leanne.strictlyprevention@gmail.com">leanne.strictlyprevention@gmail.com</a>  <a href="http://www.strictlyprevention.com">www.strictlyprevention.com</a></p> <p><b>Mobile &amp; Residential Care: <i>Serving: the Lower  Mainland</i></b></p>	<p><b>M / R</b></p> <p><b>WILLOW MOBILE DENTAL HYGIENE</b>  Leah Thomson, RDH (Res. Care)  T: 604-787-0756  F: 604-987-0141  <a href="mailto:nsdh@telus.net">nsdh@telus.net</a></p> <p>Residential Care <i>Serving: Greater Vancouver area</i></p>

[www.bcdha.com](http://www.bcdha.com)



# INDEPENDENT DENTAL HYGIENE DIRECTORY FOR BRITISH COLUMBIA

<p><b>C</b></p> <p><b>KELLY PANG INDEPENDENT DENTAL HYGIENIST</b>        Jung (Kelly) Pang, BDSC        Suite 300-650 W 41<sup>st</sup> Avenue        Vancouver, BC V5Z 2M9        T: 778-960-3909  <a href="mailto:kelly.i.pang@gmail.com">kelly.i.pang@gmail.com</a>  <a href="http://www.facebook.com/fabuloushygiene">www.facebook.com/fabuloushygiene</a></p>	<p><b>M / R</b></p> <p><b>FRASER VALLEY MOBILE DENT</b>        Monica Maletz, BSc.        T: 604-795-6927  <a href="mailto:mmaletz@shaw.ca">mmaletz@shaw.ca</a>        Residential Care  <i>Serving: Chilliwack, Abbotsford &amp; Hope</i></p>
<p><b>M / R</b></p> <p><b>GENTLE SMILES MOBILE DENTAL HYGIENE</b>        Nasim Roy, RDH        T: 778-355-7080 F: 604-475-4755  <a href="mailto:nasimroy@gmail.com">nasimroy@gmail.com</a>  <a href="https://sites.google.com/site/mobiledentalservices123/">https://sites.google.com/site/mobiledentalservices123/</a>        Mobile Dental Hygiene Care, Long term Care facilities serving:  <i>Delta, Surrey, White Rock, Langley, Abbotsford</i></p>	<p><b>M / R</b></p> <p><b>HW DENTAL HYGIENE AND EDUCATION</b>        Hasina West, RDH, (Res. Care)        Cel: 604-771-5014  <a href="http://www.hwdentalhygiene.com">www.hwdentalhygiene.com</a>  <a href="mailto:h.d.west@telus.net">h.d.west@telus.net</a>  <i>Serving the Fraser Valley area.</i></p>
<p><b>M/R</b></p> <p><b>DAISY DENTAL HYGIENE</b>        Tammy Laminski, RDH        Squamish BC V8B 0B8        T: 604-892-4381  <a href="mailto:info@daisydental.ca">info@daisydental.ca</a>  <a href="http://www.daisydental.ca">www.daisydental.ca</a>        Dental Hygiene services available to everyone at your location, or at one of my mobile locations. Call, text or email to book. <i>Sea to Sky corridor (Squamish, Whistler, West Van and beyond).</i></p>	<p><b>M/R</b></p> <p><b>BAL'S MOBILE DENTAL HYGIENE</b>        Bal Deol, RDH, BHSc        T: 604-614-6451  <a href="mailto:b.mobile.dh@outlook.com">b.mobile.dh@outlook.com</a>        Mobile dental hygiene services for Seniors Resident Care Facilities, Special Needs Clients or Active Families.  <i>Serving the Lower Mainland &amp; Fraser Valley areas.</i></p>
<p><b>M</b></p> <p><b>MAPLE RIDGE DENTAL HYGIENE INC.</b>        Kornelia Szilagyi, RDH        T: 604-790-8814  <a href="mailto:mapleridgedentalhygiene@gmail.com">mapleridgedentalhygiene@gmail.com</a>  <a href="http://maplerdentalhygiene.wixsite.com/mrdh">http://maplerdentalhygiene.wixsite.com/mrdh</a>  <i>Serving the communities of the Lower Mainland.</i></p>	



# INDEPENDENT DENTAL HYGIENE DIRECTORY FOR BRITISH COLUMBIA

INTERIOR AND KOOTENAYS	
<p><b>C</b> = dental hygiene clinic   <b>M</b> = mobile dental hygienist  <b>R</b> = dental hygienist in Residential Care</p>	
<p><b>C</b></p> <p><b>CLEAN BETWEEN</b>  Denise Pawlyshyn, RDH  2709A Columbia Avenue, Castlegar BC V1N 2X8  T: 250-365-8024  <a href="mailto:cleanbetween@gmail.com">cleanbetween@gmail.com</a>  <a href="http://www.cleanbetweencastlegar.com">www.cleanbetweencastlegar.com</a></p>	<p><b>M/ R</b></p> <p><b>FINE DENTAL HYGIENE</b>  Marilynne Fine  Specializing in Long term care Kelowna  T: 250-860-9103  <a href="mailto:mfine@telus.net">mfine@telus.net</a>  <a href="http://www.finedentalhygiene.com">www.finedentalhygiene.com</a></p>
<p><b>M</b></p> <p><b>MARA SAND RDH MOBILE DENTAL HYGIENE SERVICES</b>  1601 A Holland Street  T: 250-354-1188  <a href="mailto:mara_sand@hotmail.com">mara_sand@hotmail.com</a></p> <p>Mobile service  <i>Serving: Nelson area (by referral only)</i></p>	<p><b>C / R</b></p> <p><b>SOLAY DENTAL HYGIENE</b>  Suzanne Leinor, RDH (Res. Care/ 365 Day Exempt)  D 339 Fairview Road, Oliver BC V0H 1T0  T: 250-498-9138  <a href="mailto:babymakes4@telus.net">babymakes4@telus.net</a>  <a href="mailto:solaydentalhygiene@me.com">solaydentalhygiene@me.com</a></p> <p>Dental Hygiene Services provided in Private Practice and Long Term Care Facilities</p>
<p><b>C /M/ R</b></p> <p><b>THE SMILE PEOPLE DENTAL HYGIENE CLINIC</b>  Liz-Ann Munro Lamarre, BSc., RDH (Res. Care)  Box 39, 206-310 Hudson Avenue NE  Salmon Arm BC V1E 4N2  T: 250-832-6692  <a href="mailto:grin@thesmilepeople.ca">grin@thesmilepeople.ca</a>  <a href="http://www.thesmilepeople.ca">www.thesmilepeople.ca</a></p> <p><i>Serving: Shuswap and North Okanagan</i>  <b>*Accepting new clients*</b></p>	<p><b>M/ R</b></p> <p><b>D. BERARD. RDH</b>  Dominique Berard  PO Box 1798, Vernon, BC V1T 8C3  T: 250-260-0337 F: 250-546-3996  <a href="mailto:hyg-rescare@telus.net">hyg-rescare@telus.net</a></p> <p>Mobile &amp; Residential Care services specializing in long term care facilities, extended care and assisted living.  <i>Serving: North Okanagan</i></p>
<p><b>R</b></p> <p><b>WENDY KELLY DENTAL HYGIENE SERVICES</b>  Wendy Kelly, RDH  T: 250-317-2918  <a href="mailto:wkdentalhygiene@shaw.ca">wkdentalhygiene@shaw.ca</a></p> <p>Residential Care services   <i>Serving: Okanagan Valley</i></p>	<p><b>C</b></p> <p><b>FRESH DENTAL HYGIENE</b>  Joanna Bernath, IDHP (365 exempt)  206 – 1139 Sutherland Ave., Kelowna, BC V1Y 5Y2  T: 250-763-7374  <a href="mailto:info@freshhygienekelowna.com">info@freshhygienekelowna.com</a>  <a href="http://www.freshhygienekelowna.com">www.freshhygienekelowna.com</a></p>



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<p><b>M</b></p> <p><b>KOOTENAY RIVER DENTAL HYGIENE INC.</b>          Andrea Noel, RDH, B.Sc (DH)          1570 Thrums Rd, Castlegar, BC V1N 4R7          T: 250-304-5754  <a href="mailto:krdhinc@gmail.com">krdhinc@gmail.com</a>  <a href="http://www.krdh.ca">www.krdh.ca</a></p> <p>Mobile service for individuals with limited mobility.  <i>Serving: LTC, hospital, home care in West Kootenays.</i></p>	<p><b>M/R</b></p> <p><b>WHITE LILLY HYGIENE</b>          Larissa Mitchell, RDH (365 day rule exempt)          T: 250-490-6241  <a href="mailto:whitelillyhygiene@gmail.com">whitelillyhygiene@gmail.com</a></p> <p>Mobile &amp; Residential dental hygiene services  <i>Serving the South Okanagan</i></p>
<p><b>C</b></p> <p><b>MIDWEST DENTAL HYGIENE INC.</b>          Dayna Nipkow, BDSc (DH), RDH          #201 – 3200 30<sup>th</sup> Ave, Vernon, BC V1T 2C5          T: 250-241-4867  <a href="mailto:midwestdentalcanada@gmail.com">midwestdentalcanada@gmail.com</a>  <a href="http://www.midwestdental.ca">www.midwestdental.ca</a></p> <p>Open Mondays and occasional Saturdays</p>	
<b>VANCOUVER ISLAND</b>	
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<p><b>C / M</b></p> <p><b>BRENTWOOD DENTAL HYGIENE CLINIC</b>          Joanne Fox          4-7115 West Saanich Road          Brentwood Bay, BC          T: 778-351-3211  <a href="mailto:brentwoodhygiene@shaw.ca">brentwoodhygiene@shaw.ca</a>  <a href="http://www.brentwoodhygiene.com">www.brentwoodhygiene.com</a></p> <p>Dental Hygiene Clinic, also mobile for extended care.</p>	<p><b>C / R</b></p> <p><b>FLOSS DENTAL HYGIENE SERVICES INC.</b>          Heather Mayhew, RDH          101A – 1771 Comox Avenue, Comox BC V9M 3L9          T: 250-941-0488 F: 250-941-0490  <a href="mailto:heather@flossdentalhygiene.ca">heather@flossdentalhygiene.ca</a></p> <p>Dental Hygiene Clinic and Residential Care  <i>Serving: Comox Valley</i></p>
<p><b>M / R</b></p> <p><b>HARBOUR CITY DENTAL HYGIENE GROUP INC.</b>          Heather Cooper,          with <b>DIANE TOWNSEND DH CORP</b>          629 Wentworth Street, Nanaimo BC V9R 3E6          T: 250-754-3885  <a href="mailto:info@harbourcitydental.com">info@harbourcitydental.com</a>  <a href="http://www.harbourcitydental.com">www.harbourcitydental.com</a></p> <p>Dental Hygiene Clinic plus Mobile and Residential Care. <i>Serving: Central Vancouver Island</i></p>	<p><b>M</b></p> <p><b>MOBILE DENTAL HYGIENE SERVICES</b>          Susan Nye, RDH (365 day rule exempt)          8959 Faber Road, Port Alberni, BC V9Y 9B9          T: 250-724-6047 / C: 250-720-1083  <a href="mailto:snye@shaw.ca">snye@shaw.ca</a></p> <p>Specializing in adults with multiple disabilities and adults living in residential care.</p>

<p><b>C</b></p> <p><b>FOCUS ON DENTAL HYGIENE</b>          Cheri Wu, RDH, BDSc          141 Menzies Street, Victoria BC V8V 2G4          T: 250-590-1931 F: 250-590-1932  <a href="mailto:toothfairy@focusondh.com">toothfairy@focusondh.com</a>  <a href="http://www.FocusOnDH.com">www.FocusOnDH.com</a></p>	<p><b>C</b></p> <p><b>HASTINGS DENTAL HYGIENE</b>          Larianne Luck          1290 Hastings Street, Victoria BC V8Z 2V9          T: 250-590-6925  <a href="mailto:larianne@hastingsdentalhygiene.ca">larianne@hastingsdentalhygiene.ca</a></p>
<p><b>C</b></p> <p><b>VICTORIA'S DENTAL HYGIENE CLINIC</b>          Mary-Ellen Breckenridge          108 – 1030 Yates St. Victoria BC V8V 5A7          T: 250-382-7645          F: 250-382-7643  <a href="mailto:smilevictoria@shaw.ca">smilevictoria@shaw.ca</a>  <a href="http://www.smilevictoria.ca">www.smilevictoria.ca</a></p>	<p><b>R</b></p> <p><b>SMILES AT HOME MOBILE DENTAL HYGIENE SERVICES INC.</b>          Irene Sosath, BDSc, RDH          520 Craigflower Road, Victoria BC V9A 2V9          T: 250-381-0357 F: 250-361-0915  <a href="mailto:irene@smilesathome.com">irene@smilesathome.com</a> / <a href="http://www.smilesathome.com">www.smilesathome.com</a></p> <p>Residential Care <i>Serving: Victoria</i></p>
<p><b>M / R</b></p> <p><b>JENNIFER HALLS, RDH</b>          T: 250-586-6266          F: 250-586-6266  <a href="mailto:jenniferhallsrdh@hotmail.com">jenniferhallsrdh@hotmail.com</a>  <a href="http://www.jenniferhallsrdh.ca">www.jenniferhallsrdh.ca</a></p> <p><i>Serving the mid island region.</i></p>	<p><b>C</b></p> <p><b>SIDNEY BY-THE-SEA DENTAL HYGIENE CLINIC</b>          Paulette Reid, RDH          102-2423 Beacon Avenue, Sidney, BC V8L 1X5          T: 250-655-4884          F: 250-655-4886  <a href="mailto:Paulette@sidneydentalhygiene.com">Paulette@sidneydentalhygiene.com</a>  <a href="http://www.sidneydentalhygiene.com">www.sidneydentalhygiene.com</a></p>
<p><b>M</b></p> <p><b>WHEELY CLEAN MOBILE DENTAL HYGIENE INC.</b>          Danielle Ayotte, RDH          T: 250-884-9333  <a href="mailto:info@wheelyclean.ca">info@wheelyclean.ca</a>  <a href="http://www.wheelyclean.ca">www.wheelyclean.ca</a></p> <p>Mobile dental hygiene services provided in a Mercedes Sprinter Van. We come to you, wherever your teeth may be!</p>	



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BC Dental Hygienists' Association

**Dental Hygienists**

Offering more choice and better access.



NORTHERN BC	
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<p><b>M / R</b></p> <p><b>Tammy Gulevich Dental Hygiene Services</b>            Tammy Gulevich, RDH (365-exempt)            T: 250-262-2930            S15 C130 RR1            Fort St. John, BC V1J 4M6  <a href="mailto:tdgulevich@telus.net">tdgulevich@telus.net</a></p> <p>Mobile dental hygiene care and            Residential Care in Northeast BC:  <i>Serving Fort St. John &amp; surrounding areas.</i></p>	<p><b>C</b></p> <p><b>BLOOMING SMILES DENTAL HYGIENE</b>            Michelle Worton, RDH (365 Day Rule Exempt)            202C 8111 100 Avenue            Fort St. John, BC V1J 1W4            T: 250-263-5681  <a href="mailto:info@bloomingsmiles.ca">info@bloomingsmiles.ca</a>  <a href="https://bloomingsmiles.ca/">https://bloomingsmiles.ca/</a></p> <p><i>Serving Fort St. John, Hudson's Hope &amp; surrounding North            Peace Region. <b>**Accepting New Clients**</b></i></p>
<p><b>C</b></p> <p><b>BEAUTIFUL SMILES DENTAL HYGIENE</b>            Sponsored by S J Ferguson Dental Hygiene Corp.            4437 10<sup>th</sup> Avenue, PO Box 530            New Hazelton, BC V0J 2Y0            T: 250-643-0788</p>	

**GOT TEETH?**

**THANK YOUR BC DENTAL HYGIENIST**