



Directory of Independent and Mobile Dental Hygienists in British Columbia

Independent Dental Hygiene practitioners who wish to be added to this Directory please contact
BCDHA at 604-415-4559 or 1-888-305-3338
Email: info@bcdha.bc.ca

This Directory has been created by The British Columbia Dental Hygienists' Association.

Last update: February 5, 2020



Registered Dental Hygienists are highly trained health professionals whose education and training focus on the prevention of oral disease and the promotion of oral health. Dental Hygienists are important members of the oral health care team. They provide a process of care involving professional treatment and advice to help prevent periodontal (gum) disease and dental cavities.

A dental hygienist can provide a variety of services, including:

- Assessing oral healthcare needs
- Reviewing client medical and dental history
- Screening for oral cancer
- Assessing overall gum health
- Administering local anaesthetic
- Taking and reviewing x-rays
- Removing plaque and tartar
- Applying fluoride and other cavity preventing materials
- Demonstrating proper oral care techniques
- Counselling for diet as it relates to oral health
- Counselling for tobacco-use cessation
- Providing information and referrals to other health professionals
- Applying Silver Diamine Flouride (can stop the progress on an already formed cavity)
- Interim Stabilization Therapy (IST) (temporary restorative procedure)
- Apply sealants

Many dental hygienists' practice in dental offices around the province. In BC, the legislation also permits a dental hygienist to own and operate his/her own dental hygiene practice.

Registered Dental Hygienists also work as members of multidisciplinary health teams in residential care facilities, hospital settings, public health units and community care centres. Client care is coordinated in conjunction with other health care providers such as dentists, dietitians, speech language therapists, physiotherapists, nurses and social workers.

INDEX

Greater Vancouver

Fraser Valley

Interior and Kootenays

Vancouver Island

Northern BC



INDEPENDENT DENTAL HYGIENE DIRECTORY FOR BRITISH COLUMBIA

GREATER VANCOUVER C = Clinic, M = Mobile, R = Residential Care

M/R	BAL'S MOBILE DENTAL HYGIENE Bal Deol, RDH, BHSc T: 604-614-6451 b.mobile.dh@outlook.com Mobile dental hygiene services for Seniors Resident Care Facilities, Special Needs Clients or Active Families. Serving the Lower Mainland & Fraser Valley areas
C	COASTAL SMILES DENTAL HYGIENE SERVICES Monica Maletz, RDH, BSc. #102-5682 Wharf Rd, Box 1085 Sechelt, BC V1N 3A1 T: 604-740-3764 www.coastalsmilesdentalhygieneservices.ca *Accepting new patients
M/R	DAISY DENTAL HYGIENE Tammy Laminski, RDH Squamish BC V8B 0B8 T: 604-892-4381 info@daisydental.ca www.daisydental.ca Dental Hygiene services available to everyone at your location, or at one of my mobile locations. Call, text or email to book. Sea to Sky corridor (Squamish, Whistler, West Van and beyond).
C	EDENCONCEPT DENTAL HYGIENE CENTER Joyce Kwok, RDH 130 – 8400 Granville Avenue Richmond BC V6Y 1P6 T: 604-838-3623 edenconcepthygiene@gmail.com Dental hygiene care catering to seniors



INDEPENDENT DENTAL HYGIENE DIRECTORY FOR BRITISH COLUMBIA

C	ELIZABETH JONES DENTAL HYGIENE CLINIC Elizabeth Jones, RDH, BSc. (365 Day Rule Exempt) 102 – 3155 Highland Blvd. North Vancouver, V7R 2X5 T: 604-500-2273 info@elizabethjonesdental.com www.elizabethjonesdental.com
M/R	EXTENDENT – mobile dental hygiene services Linda Martens, RDH. B.Ed (365 Day Rule Exempt) Box 293 - #185-9040 Blundell Road Richmond BC V6Y 1K3 T: 604-231-9747 Long-term care facilities and home bound clients - serving the Lower Mainland since 1997
M/R	GENTLE SMILES MOBILE DENTAL HYGIENE Nasim Roy, RDH T: 778-355-7080 F: 604-475-4755 nasimroy@gmail.com https://sites.google.com/site/mobiledentalservices123/ Mobile Dental Hygiene Care, Long term Care facilities serving: Delta, Surrey, White Rock, Langley, Abbotsford
M / R	HEALTHY SMILE MOBILE DENTAL HYGIENE INC. Soheil M. Iravani, RDH 2019 Turnberry Lane, Coquitlam BC V3E 3N2 T: 778-245-3820 F: 604-941-3820 healthy.smile@live.ca Mobile Dental Hygiene Care, Residential Care – long term Care facilities, private practices Serving: New Westminster, Tri-Cities, Burnaby, Pitt Meadows & Maple Ridge
C	KELLY PANG INDEPENDENT DENTAL HYGIENIST Jung (Kelly) Pang, BDSC Suite 300-650 W 41st Avenue Vancouver, BC V5Z 2M9 T: 778-960-3909 kelly.j.pang@gmail.com www.facebook.com/fabuloushygiene



INDEPENDENT DENTAL HYGIENE DIRECTORY FOR BRITISH COLUMBIA

M/R	<p>LAUREL REAR, RDH 78 – 2979 Panorama Drive Coquitlam BC V3E 2W8 T: 604-928-5471</p> <p>Mobile Dental Hygienist for homebound clients or residents of Long Term & Dementia Care Facilities. Serving Aldergrove, Langley, Fort Langley, Cloverdale, Surrey, Maple Ridge, Pitt Meadows, Port Coquitlam, Coquitlam, Port Moody, Burnaby, East Vancouver</p>
C/R	<p>LOURETTA FROLEK INC. Gastown, Vancouver BC T: 604-669-9476 lofrolek@telus.net</p> <p>Residential Care Serving: North Shore and Vancouver</p>
M	<p>MAPLE RIDGE DENTAL HYGIENE INC. Kornelia Szilagyi, RDH T: 604-790-8814 mapleridgedentalhygiene@gmail.com http://maplerdentalhygiene.wixsite.com/mrdh</p> <p>Serving the communities of the Lower Mainland.</p>
C	<p>MOUNTAINVIEW DENTAL HYGIENE Maridee Fitch, RDH #216 4368 Main Street, Whistler BC V0N 1B4 T: 604-932-6700 Maridee@telus.net</p>
C	<p>POLISHED A DENTAL HYGIENE WELLNESS SPA Bobbie Gill, RDH, BSc. (365 Day Rule Exempt) 506 - 550 West Broadway Vancouver, BC V5Z 0E9 T: 604-873-0885 F: 604-873-0889 info@polisheddentalhygiene.ca www.polisheddentalhygiene.ca</p>



INDEPENDENT DENTAL HYGIENE DIRECTORY FOR BRITISH COLUMBIA

C	PURE DENTAL HYGIENE & TEETH WHITENING Rosie Gao, RDH, BDSc. (365 Day Rule Exempt) 506 - 550 West Broadway Vancouver, BC V5Z 0E9 T: 778.807.8811 rosie@puredentalhygiene.ca www.puredentalhygiene.ca Accepting new patients!
C	RADIANCE DENTAL HYGIENE CLINIQ Loree Christianson, RDH #317 – 1529 West 6th Avenue Vancouver BC V6J 1R1 T: 604-565-7342 smile@radiancedentalhygiene.ca www.RadianceDentalHygiene.ca
M	REFRESH ORAL HYGIENE Amy Agis, RDH 4293 48B Street, Delta, BC V4K 2R3 T: 604-946-9497, 604-315-9847 amy@refreshoh.ca www.refreshoh.ca Mobile Dental Hygiene Care: Serving Delta and beyond`
C	SLATE DENTAL HYGIENE INC. Amy Akbari, RDH 306A – 8035 120 Street, Delta, BC V4C 0E2 T: 604-369-7016
M/R	STRICTLY PREVENTION INC. Jenny Jamen, BDSc., RDH Leanne Olson, BDSc., RDH T: 604-809-2881 leanne.strictlyprevention@gmail.com www.strictlyprevention.com Mobile & Residential Care: Serving: The Lower Mainland



INDEPENDENT DENTAL HYGIENE DIRECTORY FOR BRITISH COLUMBIA

C	SURREY DENTAL HYGIENE CLINIC INC. Ronnie Singh 12989 109 Avenue, Surrey BC V3T 2N3 T: 778-395-0988 C: 778-987-0219 F: 778-395-0996 surreydentalhygiene@gmail.com www.surreydentalhygieneclinic.com
C	The Happy Hygienist – Dental Hygiene Care Centre #503 – 100 Park Royal South West Vancouver, BC V7T 1A2 T: 604-849-0369 kim@thehappyhygienist.com www.thehappyhygienist.com *Accepting New Patients*
M	TOOTHBUS MOBILE DENTAL HYGIENE INC. Satinder Pria Dhaliwal, RDH T: 778-721-0800 info@toothbus.ca www.toothbus.ca Provide dental hygiene services from Sprinter Van, at location of client's preference throughout the Lower Mainland.
C	TOOTHWHISPERER DENTAL HYGIENE CLINIC Marica Szeleccki 108 West 2nd Avenue, North Vancouver BC V7M 1C3 T/F: 778-338-3414 toothwhisperer@shaw.ca www.toothwhisperer.ca
M/R	WILLOW MOBILE DENTAL HYGIENE Leah Thomson, RDH (Res. Care) T: 604-787-0756 F: 604-987-0141 nsdh@telus.net Residential Care Serving: Greater Vancouver area

Back to top



INDEPENDENT DENTAL HYGIENE DIRECTORY FOR BRITISH COLUMBIA

FRASER VALLEY C = Clinic, M = Mobile, R = Residential Care

M/R	<p>BAL'S MOBILE DENTAL HYGIENE Bal Deol, RDH, BHSc T: 604-614-6451 b.mobile.dh@outlook.com</p> <p>Mobile dental hygiene services for Seniors Resident Care Facilities, Special Needs Clients or Active Families. Serving the Lower Mainland & Fraser Valley areas</p>
C	<p>DIAMOND DENTAL HYGIENE Bahar Janfada, RDH Abbotsford BC T: 604-625-3450 bahar_janfada@yahoo.ca (Appointments by phone, text or email)</p>
M/R	<p>FRASER VALLEY MOBILE DENT Monica Maletz, BSc. T: 604-795-6927 mmaletz@shaw.ca</p> <p>Residential Care Serving: Chilliwack, Abbotsford & Hope</p>
M/R	<p>GENTLE SMILES MOBILE DENTAL HYGIENE Nasim Roy, RDH T: 778-355-7080 F: 604-475-4755 nasimroy@gmail.com https://sites.google.com/site/mobiledentalservices123/</p> <p>Mobile Dental Hygiene Care, Long term Care facilities serving: Delta, Surrey, White Rock, Langley, Abbotsford</p>
M/R	<p>HEALTHY SMILE MOBILE DENTAL HYGIENE INC. Soheil M. Iravani, RDH 2019 Turnberry Lane, Coquitlam BC V3E 3N2 T: 778-245-3820 F: 604-941-3820 healthy.smile@live.ca</p> <p>Mobile Dental Hygiene Care, Residential Care – long term Care facilities, private practices. Serving: New Westminster, Tri-Cities, Burnaby, Pitt Meadows & Maple Ridge</p>



INDEPENDENT DENTAL HYGIENE DIRECTORY FOR BRITISH COLUMBIA

M/R	HW DENTAL HYGIENE AND EDUCATION Hasina West, RDH, (Res. Care) Cell: 604-771-5014 www.hwdentalhygiene.com h.d.west@telus.net Serving the Fraser Valley area.
M/R	LAUREL REAR, RDH 78 – 2979 Panorama Drive Coquitlam BC V3E 2W8 T: 604-928-5471 Mobile Dental Hygienist for homebound clients or residents of Long Term & Dementia Care Facilities. Serving Aldergrove, Langley, Fort Langley, Cloverdale, Surrey, Maple Ridge, Pitt Meadows, Port Coquitlam, Coquitlam, Port Moody, Burnaby, East Vancouver
M	REFRESH ORAL HYGIENE Amy Agis, RDH 4293 48B Street, Delta, BC V4K 2R3 T: 604-946-9497, 604-315-9847 amy@refreshoh.ca www.refreshoh.ca Mobile Dental Hygiene Care: Serving Delta and beyond

[Back to top](#)



INDEPENDENT DENTAL HYGIENE DIRECTORY FOR BRITISH COLUMBIA

INTERIOR & KOOTENAYS C = Clinic, M = Mobile, R = Residential Care

C	CLEAN BETWEEN Denise Pawlyshyn, RDH 2709A Columbia Avenue, Castlegar BC V1N 2X8 T: 250-365-8024 cleanbetween@gmail.com www.cleanbetweencastlegar.com
M/R	D. BERARD. RDH Dominique Berard PO Box 1798, Vernon, BC V1T 8C3 T: 250-260-0337 F: 250-546-3996 hyg-rescare@telus.net Mobile & Residential Care services specializing in long term care facilities, extended care and assisted living. Serving: North Okanagan
M/R	FINE DENTAL HYGIENE Marilynne Fine Specializing in Long term care Kelowna T: 250-860-9103 mfine@telus.net www.finedentalhygiene.com
C	FRESH DENTAL HYGIENE Joanna Bernath, IDHP (365 exempt) 206 – 1139 Sutherland Ave., Kelowna, BC V1Y 5Y2 T: 250-763-7374 info@freshhygienekelowna.com www.freshhygienekelowna.com



INDEPENDENT DENTAL HYGIENE DIRECTORY FOR BRITISH COLUMBIA

M	<p>KOOTENAY RIVER DENTAL HYGIENE INC. Andrea Noel, RDH, B.Sc (DH) 1570 Thrums Rd, Castlegar, BC V1N 4R7 T: 250-304-5754 krdhinc@gmail.com www.krdh.ca</p> <p>Mobile service for individuals with limited mobility. Serving: LTC, hospital, home care in West Kootenays.</p>
M	<p>MARA SAND RDH MOBILE DENTAL HYGIENE SERVICES 1601 A Holland Street T: 250-354-1188 mara_sand@hotmail.com</p> <p>Mobile service Serving: Nelson area (by referral only)</p>
C	<p>MIDWEST DENTAL HYGIENE INC. Dayna Nipkow, BSc (DH), RDH #201 – 3200 30th Ave, Vernon, BC V1T 2C5 T: 250-241-4867 midwestdentalcanada@gmail.com www.midwestdental.ca</p> <p>Open Mondays and occasional Saturdays</p>
C	<p>ROOT 93 DENTAL HYGIENE CLINIC INCORP Heather Lang RDH 492 Hwy 93 95 / Suite B PO box 2856 Invermere, BC V0A 1K0 T: 778 526 5177 office office@root93.ca</p>
C/R	<p>SOLAY DENTAL HYGIENE Suzanne Leinor, RDH (Res. Care/ 365 Day Exempt) D 339 Fairview Road, Oliver BC V0H 1T0 T: 250-498-9138 babymakes4@telus.net solaydentalhygiene@me.com</p> <p>Dental Hygiene Services provided in Private Practice and Long-Term Care Facilities</p>



INDEPENDENT DENTAL HYGIENE DIRECTORY FOR BRITISH COLUMBIA

C/M/R	THE SMILE PEOPLE DENTAL HYGIENE CLINIC Liz-Ann Munro Lamarre, BSc., RDH (Res. Care) Box 39, 206-310 Hudson Avenue NE Salmon Arm BC V1E 4N2 T: 250-832-6692 grin@thesmilepeople.ca www.thesmilepeople.ca Serving: Shuswap and North Okanagan *Accepting new clients*
R	WENDY KELLY DENTAL HYGIENE SERVICES Wendy Kelly, RDH T: 250-317-2918 wkdentalhygiene@shaw.ca Residential Care services Serving: Okanagan Valley
M/R	WHITE LILLY HYGIENE Larissa Mitchell, RDH (365-day rule exempt) T: 250-490-6241 whitelillyhygiene@gmail.com Mobile & Residential dental hygiene services Serving the South Okanagan

[Back to top](#)



INDEPENDENT DENTAL HYGIENE DIRECTORY FOR BRITISH COLUMBIA

VANCOUVER ISLAND C = Clinic, M = Mobile, R = Residential Care

C/M	BRENTWOOD DENTAL HYGIENE CLINIC Joanne Fox 4-7115 West Saanich Road Brentwood Bay, BC T: 778-351-3211 brentwoodhygiene@shaw.ca www.brentwoodhygiene.com Dental Hygiene Clinic, also mobile for extended care.
C/R	FLOSS DENTAL HYGIENE SERVICES INC. Heather Mayhew, RDH 101A – 1771 Comox Avenue, Comox BC V9M 3L9 T: 250-941-0488 F: 250-941-0490 heather@flossdentalhygiene.ca Dental Hygiene Clinic and Residential Care Serving: Comox Valley
C	FOCUS ON DENTAL HYGIENE Cheri Wu, RDH, BDSc 141 Menzies Street, Victoria BC V8V 2G4 T: 250-590-1931 F: 250-590-1932 toothfairy@focusondh.com www.FocusOnDH.com
M/R	HARBOUR CITY DENTAL HYGIENE GROUP INC. Heather Cooper, with DIANE TOWNSEND DH CORP 629 Wentworth Street, Nanaimo BC V9R 3E6 T: 250-754-3885 info@harbourcitydental.com www.harbourcitydental.com Dental Hygiene Clinic plus Mobile and Residential Care. Serving: Central Vancouver Island



INDEPENDENT DENTAL HYGIENE DIRECTORY FOR BRITISH COLUMBIA

C	HASTINGS DENTAL HYGIENE Larianne Luck 1290 Hastings Street, Victoria BC V8Z 2V9 T: 250-590-6925 larianne@hastingsdentalhygiene.ca
M/R	JENNIFER HALLS, RDH T: 250-586-6266 F: 250-586-6266 jenniferhallsrdh@hotmail.com www.jenniferhallsrdh.ca Serving the mid island region.
M	MOBILE DENTAL HYGIENE SERVICES Susan Nye, RDH (365- day rule exempt) 8959 Faber Road, Port Alberni, BC V9Y 9B9 T: 250-724-6047 / C: 250-720-1083 snye@shaw.ca Specializing in adults with multiple disabilities and adults living in residential care.
C	SIDNEY BY-THE-SEA DENTAL HYGIENE CLINIC Paulette Reid, RDH 102-2423 Beacon Avenue, Sidney, BC V8L 1X5 T: 250-655-4884 F: 250-655-4886 Paulette@sidneydentalhygiene.com www.sidneydentalhygiene.com
R	SMILES AT HOME MOBILE DENTAL HYGIENE SERVICES INC. Irene Sosath, BSc, RDH 520 Craigflower Road, Victoria BC V9A 2V9 T: 250-381-0357 F: 250-361-0915 irene@smilesathome.com / www.smilesathome.com Residential Care Serving: Victoria



INDEPENDENT DENTAL HYGIENE DIRECTORY FOR BRITISH COLUMBIA

C	VICTORIA'S DENTAL HYGIENE CLINIC Mary-Ellen Breckenridge 108 – 1030 Yates St. Victoria BC V8V 5A7 T: 250-382-7645 F: 250-382-7643 smilevictoria@shaw.ca www.smilevictoria.ca
M	WHEELY CLEAN MOBILE DENTAL HYGIENE INC. Danielle Ayotte, RDH T: 250-884-9333 info@wheelyclean.ca www.wheelyclean.ca Mobile dental hygiene services provided in a Mercedes Sprinter Van. We come to you, wherever your teeth may be!

[Back to top](#)



INDEPENDENT DENTAL HYGIENE DIRECTORY FOR BRITISH COLUMBIA

NORTHERN BC C = Clinic, M = Mobile, R = Residential Care

C	BEAUTIFUL SMILES DENTAL HYGIENE Sponsored by S J Ferguson Dental Hygiene Corp. 4437 10th Avenue, PO Box 530 New Hazelton, BC V0J 2Y0 T: 250-643-0788
C	BLOOMING SMILES DENTAL HYGIENE Michelle Worton, RDH (365 Day Rule Exempt) 10008 88th Street Fort St. John, BC V1J 3G6 T: 250-263-5681 info@bloomingsmiles.ca https://bloomingsmiles.ca/ Serving Fort St. John, Hudson's Hope & surrounding North Peace Region. **Accepting New Clients**
M/R	Tammy Gulevich Dental Hygiene Services Tammy Gulevich, RDH (365-exempt) T: 250-262-2930 S15 C130 RR1 Fort St. John, BC V1J 4M6 tdgulevich@telus.net Mobile dental hygiene care and Residential Care in Northeast BC: Serving Fort St. John & surrounding areas.

Back to top